

My 3-Simple Hacks to Fast Track Your Performance Success



By Dr Tasneem

Performance Success Made Easy



Transforming Your Life with the Three Best Performance Hacks. It Works 100%

If you want to gain success in everyday life, its very important to understand what needs to be done to get there to make it happen.

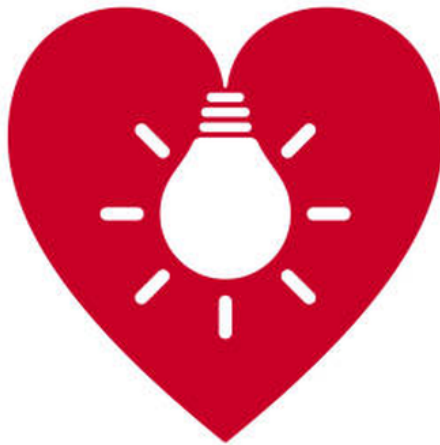
This guide will provide you with Three best tips that you can follow in order to achieve incredible success in your life. If you follow with determination, it's a pathway to success.

So put in your 100% and make sure to follow these three tips that will lead you to a right direction of success:



Do What You Are Passionate About

Work something that hold your interest. Don't decide to pursue a career or a business because others would like you doing that or because others had some success with it, then you are certainly going to lose out on being successful. It's important to be self-aware of what really excites you, what would you love doing each and every day.





WHAT IS YOUR PASSION?

1) BRAINSTORM -

Think and write down all of the regular activities that you already participate in. Pay special attention to activities that make you lose track of time since that usually means you're enjoying them.

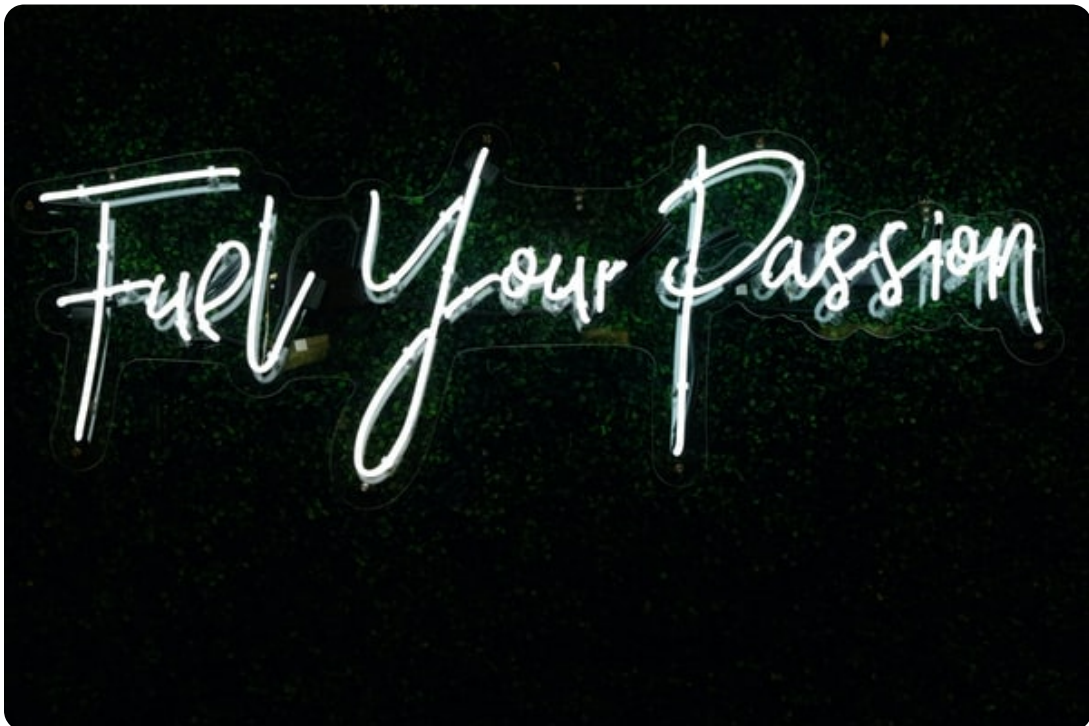
2) WRITE DOWN VALUES THAT ARE IMPORTANT TO YOU -

Something that aligns with your values will make you feel happier and more fulfilled

3) CONSIDER YOUR TALENTS -

If you're naturally good at something or worked to develop a skill set, it may be a clue that you're actually passionate about it.

4) TALK WITH PEOPLE - Even if you have a slight interest in something, finding someone who can help guide and mentor you can help you learn even more





EVALUATE YOUR PASSION

To find out how passionate you are about your current occupation. Ask yourself three questions:

1. What you feeling about your current work? (Write Down your Emotions)
2. How committed you are to your occupation? (Rate on Scale of 1 to 10, 1=low, 10=high)
3. How well are you performing at work? (Apart from personal opinion, also consider the Feedbacks you receive from colleagues and your superior)

Answer to above two exercises of finding your passion and these three self-reflecting questions will help you discover your future goals for success.





Find a Mentor

To give momentum in achieving your short term as well as long term goals. Find a mentor to work with. Research statistics on having mentor in place says:

- Those who have mentors are promoted 5 times more often than those without mentors (Forbes, 2011)
- 89% of those with mentors believe their colleagues value their work, compared with 75% who do not have mentors (CNBC, 2019)
- 55% of businesses felt that mentoring had a positive impact on their profits (National Mentoring Day, 2020)

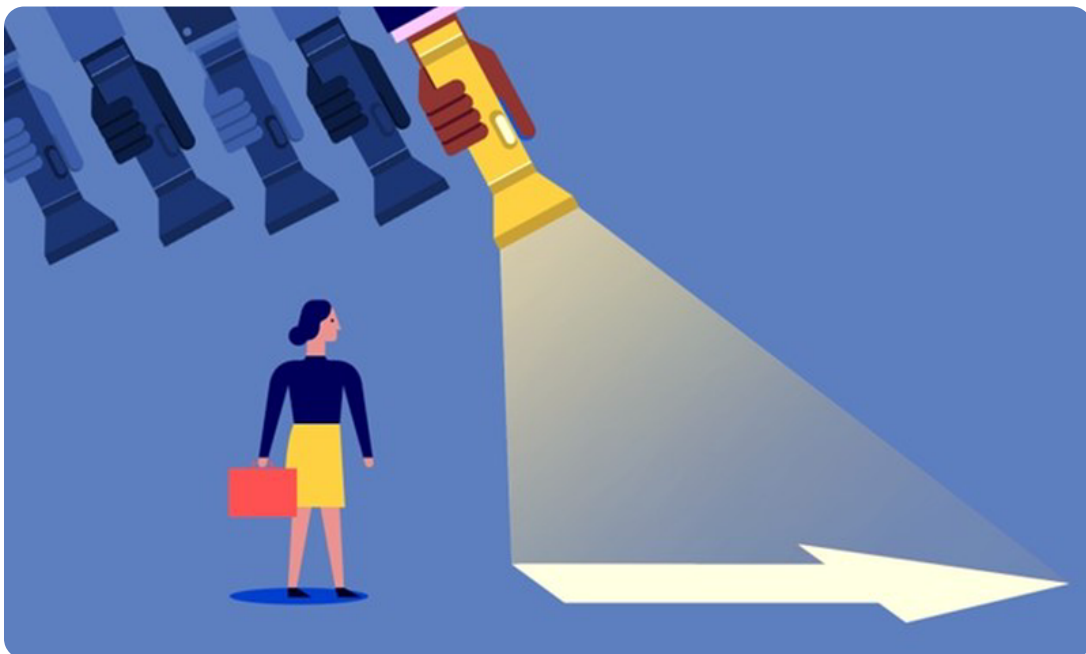




How to Find Right Mentor

1. Clarify what you are looking for in a mentor – relevant knowledge, expertise, and experience, enthusiasm to impart their knowledge, ability to give honest feedback, empathy.
2. Join a Mentorship program. Industry wise there are lot of mentorship program available – google it
3. Reach out to your existing network - Find some people in your network who have already achieved what you want to achieve
4. Go to Professional Networking Events - tradeshow, conferences etc.
5. Use social media – search using keywords and hashtags.

If you think hiring the mentor is costly then rethink the cost of time, energy, resources and money that you would incur while experimenting doing things in your own way and delay in your own success..





Hack 3

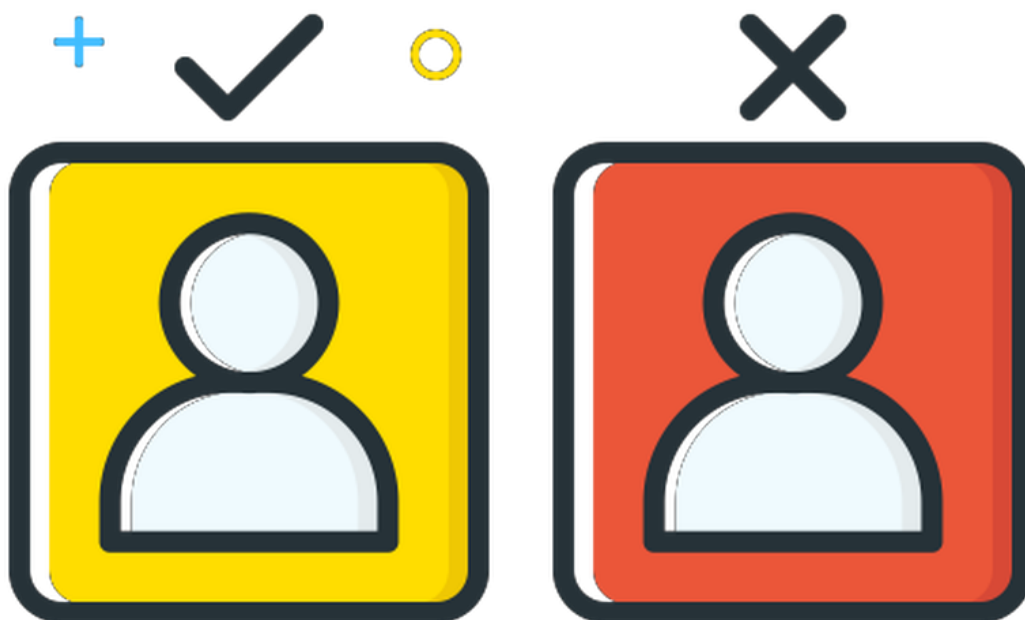
Surround yourself with right people

You are the average of 5 people you are surrounded with – Jim Rohn

The people you surround yourself with will make all the difference in how much success you are going to see in your life.

Think about the group of people you spend your time with. Be it physical or virtual. Do they Talk about your plans, talks about their plans for success in future, encourages you, appreciates you when you do something good, always there to support you or they belittle you, try to say that they have done something better in life, never help you even if they can?

If you are with second group of people, they are energy drainers. They will discourage you to reach your goals. Find the right people even if they are not in the same arena you want to pursue





Tips to Find Right People

1. Make list of all the people you spend most time with
2. Based on their behavior with you classify in two categories - Right or Wrong
3. Manage & distance yourself with negative people
4. Identify/network and add positive people in your life.

So let go of all negative allies who spread negativity, who criticize you all the time, waste your time, are jealous of you and keep disappointing you. Surround yourself with 5 types of people -The inspired, The passionate, The motivated, The grateful, The Open minded. They will help you lifting you up in your game of success.





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Want more? I'll Show You How to Achieve Performance Success

Want a Transform Your life? I will personally help you analyze your current challenges and walk you through the exact steps you can take to get better results fast. Click the button below to book yours now.

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